

# Renew the Communication in Your Marriage

## Communicate Your Appreciation

72% of men say hearing "Thank you" feels \_\_\_\_\_.

This habit opens his \_\_\_\_\_ to hear you better.

## Communicate Desires, Not Complaints

The secret is expressing what you truly \_\_\_\_\_.

Say, "I would \_\_\_\_\_" or "I would \_\_\_\_\_".

## Communicate Side by Side

Men typically spend time together \_\_\_\_\_.

Face-to-Face communication is \_\_\_\_\_.

## How to Have a Difficult Conversation

Give up the need to be \_\_\_\_\_.

Ask him to tell his \_\_\_\_\_.

Agree on the \_\_\_\_\_.

Reveal what each of you are making the facts \_\_\_\_\_.

Agree on a \_\_\_\_\_.

## Communicating When You Are Angry

Psalm 4:4 (NLT) "Don't sin by letting anger gain control over you. Think about it overnight and \_\_\_\_\_."

